



Dressage Equivalents

The last issue included only a portion of the dressage equivalents chart in "From the Horse's Mouth." We include it here for your reference. The original article appears in the April/May issue on page 22, by Wendy Klazenga.

	Netherlands		United States	Comparison
B	Working gaits	Intro A + B	Working trot	
	Medium trot and walk		Medium and free walk	
	Mainly rising trot		Rising trot	
	Stretching on a long rein trot		Circles 20 meter	
	Circles 20 meter			
		Training 1 + 2	Working trot and canter	B
L1	Working gaits		Medium and free walk	
	Medium gaits		Rising or sitting	
	Mainly rising trot		Circles 20 meter	
	Stretching on a long rein trot	Training 3 + 4	Add stretching on a long rein trot	
	Circles 15 meter			
	Leg yield 5 meter	First 1	Working trot and canter	B
			Medium and free walk	
L2	Working gaits		Lengthen stride in trot	
	Medium gaits		Mainly sitting trot	
	Mainly sitting trot		Circles 15 meter	
	Stretching on a long rein trot		Stretching on a long rein trot	
	Circles 15 meter	First 2	Add to test 1 lengthen stride in canter	L2
	Leg yield 10 meter		Leg yield 10 meter	
	Rein back	First 3	Add to test 2 change lead in canter through trot	L2
			No stretching on a long rein trot	
M1	Working gaits	First 4	Add to test 3 circles 10 meter	L2/M1
	Medium trot and canter		Counter canter on a loop	
	Extended walk		Stretching on a long rein trot	
	Sitting trot			
	Circles 10 meter	Second 1	Collected trot and canter	M1/M2
	Shoulder-in		Medium gaits	
	Rein back		Free walk	
	Counter canter, two diagonals 5 meter		Shoulder-in	
			Circles 10 meter	
M2	Working gaits		Walk-canter departs	
	Medium canter		Counter canter	
	Extended walk and trot		Simple changes	
	Collected walk		Rein back	
	Sitting trot	Second 2	Add travers to test 1	M2
	Circles 10 meter		No shoulder-in	

	Travers	Second 3	Add to test 2 half turn on haunches	M2/Z1
	Rein back		Shoulder-in	
	Counter canter, two diagonals 10 meter	Second 4	Add to test 3 renvers	M2/Z1
	Walk-canter departs		No travers	
	Turn around the haunches	Third 1	Collected gaits	Z1/Z2
Z1	Collected gaits		Medium walk and trot	
	Medium Canter		Extended walk and canter	
	Sitting trot		Shoulder-in	
	Circles 10 meter		Circles 10 meter	
	Shoulder-in		Half pass trot	
	Travers		Walk canter departs	
	Half pass in trot		Counter canter	
	Rein back		Flying changes	
	Counter canter		Rein back	
	Walk canter departs		Half turn on the haunches	
	Simple changes	Third 2 + 3	Add to test 1 half pass canter	ZZ
	Turn around the haunches		Long reins in canter	
Z2	Collected gaits, extended gaits			
	Walk canter departs, Flying changes			
	Sitting trot, Rein back			
	Shoulder in			
	Half pass in trot and canter			
	Collected gaits	Fourth 1	Collected gaits	ZZ
	Medium and extended gaits		Extended gaits	
	Sitting trot		Shoulder in	
	Shoulder in		Circles 10 meter	
	Half pass in trot and canter		Half pass in trot and canter	
	Walk canter departs		Walk canter departs	
	Flying changes		Counter canter	
	Counter canter		Flying changes	
	Quarter pirouette canter		Rein back	
	Turn around the haunches		Half pirouette in walk	
		Fourth 2	Change to test 1	ZZ-licht/ZZ-zwaar
	Collected gaits, Extended gaits		No half pass pirouette walk, but canter, Flying changes 4th strid	
	Sitting trot	Fourth 3	Add to test 2 half pirouette walk	ZZ-zwaar
	Shoulder in		Flying changes every 3rd stride	
	Half pass in trot and canter			
	Walk canter departs			
	Flying changes, 3 and 4 tempi			
	Counter canter/ Half pirouette canter			
	Turn around the haunches			